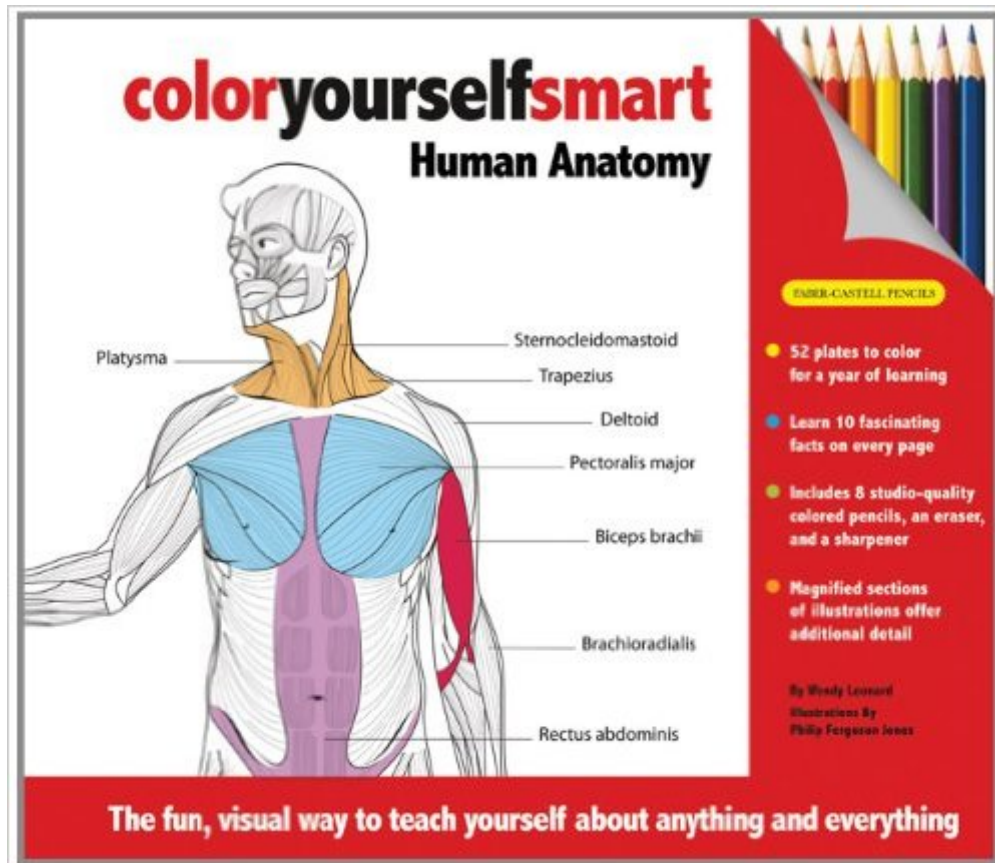


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# Color Yourself Smart: Human Anatomy



## Synopsis

From our skin to our skeletons, from our intricate nervous systems to our powerful muscular systems, our body can be an intriguing and elegant mystery. Even if you've learned that the bones in your body are alive and that there are no muscles in your fingers, it might seem impossible to remember those and other facts—until now. Now, you can color yourself smart! In *Color Yourself Smart: Human Anatomy*, you'll fill in amazing illustrations and find out the names and functions of all the different parts of the human body. And in addition to gaining basic knowledge, you'll also learn some of the body's greatest secrets. Why do we get goose bumps? What happens when we eat an apple? How much air can we breathe in just one minute? *Color Yourself Smart: Human Anatomy* can help you solve these puzzles and many others! Many memory experts believe colors and illustrations can help us form stronger memories. When you color yourself smart, you'll be sure to agree! You'll never forget the many parts of the body—and their equally important functions.

## Book Information

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## Customer Reviews

I just received my copy of *Color Yourself Smart* and it is fantastic! My girls want to work on this when they get home from camp tonight. I started reading them some of the interesting and fun facts on the pages, and they are very excited to learn more. As a Chiropractor, this is something I am considering giving to all my new practice members, to help them get a deeper understanding of how

the body works and easy things they can do to be healthier. The coloring is an extra bonus and it is a great way to educate kids and adults on the how and why our muscles, bones, etc work the way they do. I highly recommend this book. It is easy to tell that this is a labor of love and dedication. Well worth the price.

This is an incredible book not only because the illustrations are so clear, detailed and explanatory, not only because the coloring aspect is so cool \*Love the built-in pencil case\* but mostly because the WRITING is so FRESH, CLEAN, PERSONAL, CONVERSATIONAL, and super-intelligent. How many times have I cracked open a book on a complicated subject and felt like I was a second-grader in a fifth-year college class? NOT SO with this book. Conversely, how many times have I read a book and thought, "Geez, the writing here is so... pedantic or didactic or even patronizing...?" Again, NOT SO with this book. Wendy Leonard writes the way real people communicate and talk--she teaches in a manner that is easily understood--and this time she applies her phenomenal skills to describe the world's most complex machine: the human body. I can recommend this book for pretty much everybody: teens and adults alike will enjoy learning and it's a fantastic reference. Have you ever gone to the doctor and she said, "Your lymph nodes are troubling me," or ""You've strained your Trapezius," or "There appears to be foreign debris in your middle ear," and you just nodded your head because you didn't want to look like an idiot? Well now you can rush home and see what the hell the doctor is talking about!! Buy this book if you're old enough to color in the lines.

This sounded like such a good idea -- to color pictures of human organs and systems, learning to recognize how they all are related and fit together. Too good to be true? You bet! The pictures were quite detailed (good) but the models were in the back of the book (dreadful). It would be impossible to work from one to the other. Moreover, the models did not seem to exactly represent the uncolored pictures. All three 'Color Yourself Smart' books were deeply disappointing. Many years ago, I met Wynn Kapit when he was developing his first Anatomy Coloring Book -- now in its third edition (The Anatomy Coloring Book). Later, I used it in classes for becoming a Certified Massage Therapist. It is a MUCH better choice if you want to actually learn anything. I just wish the listings allowed one to peek inside.

This book is amazing. It's challenging and dense enough for college students and fun enough for younger kids...like me, (baby boomer:) the drawings draw in the reader to want to actually know

more - because it gets them excited about the topic...

I like to think of myself as something of a Science guy, but only as a layman. This book brings just enough information to satisfy the curiosity about the functioning of the body without putting your brain into overload. The author's conversational style allows her to present an enormous amount of factual information in a way that is easy to consume and comprehend. The 10 things to remember sidebars are loaded with facts, but not intimidating. The illustrations are excellent, and even more impressive given they had to be drawn with the ability to color them in! I haven't cracked open the provided colored pencils (and honestly, probably never will) but the concept is a good one. Focusing on the illustration by coloring it in will no doubt aid in absorbing the material. A durable, beautiful package for under fifteen bucks. This book is a steal.

Used this as a family gift for Christmas. Got a couple of these books (different titles) for different families and they were all a hit. It is a quality book with good pictures and brief information. Broken into small sections. Love the whole series.

This book is interesting and packed full of great, detailed information. The pictures are detailed but not too overwhelming. I really like that there are smaller, completed pictures in the back of the book that can be used as a guide to help with coloring the diagrams. Highly recommended!

I bought this book for my 13 year old daughter. She has expressed an interest in going to medical school, but she's just a little young yet to be engaged by dry college level texts. Also, she is big into drawing. What a great tool... perfectly designed for my daughter and others of her age and mindset... immerses them in the topic in a way that is educational and fun. Kudos to the author, and I strongly recommend this book for other parents of would-be doctors like me.

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